



NORTHAMPTON PARKS & RECREATION

TEEN EXPEDITIONS



Session 7: August 6 – August 10- Salute to Summer!

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
ORIENTATION HIKE	NORWOTTUCK TRAIL BIKE	LOOK PARK TIE-DYE PIZZA PARTY SWIM @ JFK	BOUNCE! TRAMPOLINE PARK	LAKE WYOLA
North Sugarloaf				
We will begin the week with ice breaker games, a hike with lunch at North Sugarloaf, followed by swim at Musante Beach!	The day will be spent biking along Norwottuck trail. We will stop for lunch at Norwottuck Park in Easthampton and will have the option for ice cream from Mt. Tom Creamery!	The morning will start with a walk to Look Park, playing group games, Tie-Dye, enjoying pizza, followed by a swim at JFK to end the day.	We will spend the morning playing games and in the afternoon, we will be having fun at the Bounce! Trampoline Park in Springfield.	The day will be spent swimming, playing beach volleyball, and other beach activities!
<input type="checkbox"/> suitable shoes. <input type="checkbox"/> swim gear <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen	<input type="checkbox"/> suitable shoes <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen <input type="checkbox"/> bike & helmet <input type="checkbox"/> \$ for ice cream (optional)	<input type="checkbox"/> White Shirt <input type="checkbox"/> suitable shoes <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen <input type="checkbox"/> swim gear	<input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen <input type="checkbox"/> waiver form	<input type="checkbox"/> suitable shoes <input type="checkbox"/> swim gear <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen

Calendar subject to change. You may call the office after 4:00pm at 587-1040 to check for delays

Please remember that camp is a cellphone-free space